

Note: This pack consists of 8 pages and contains guidance to medical practitioners and a pro forma for use by the medical practitioner conducting the assessment, guidance to Flight Information Service Officer (FISO) Licence holders and a Medical Declaration form to be completed by the medical practitioner if the FISO Licence holder meets the appropriate standard of fitness. **The FISO licence holder is to provide this entire pack to the medical practitioner conducting the assessment.**

Guidance to medical practitioners

General

Flight Information Service Officers (FISOs) are licensed by the Civil Aviation Authority (CAA) to provide information and instructions to aircraft by radio in order to assist pilots to conduct their flights safely. FISOs are required to hold a valid medical declaration in order to exercise the privileges of their licence. The medical declaration should be signed by a qualified medical practitioner if, after examination, the FISO licence holder is considered to meet the medical standards described in this pack.

The tasks required to be undertaken by a FISO

The duties of a FISO are briefly described below to assist in determining the standard of fitness that is required. Further guidance on the tasks undertaken by a FISO can be obtained by contacting the CAA Air Traffic Standards Department, Civil Aviation Authority, Safety Regulation Group, Aviation House, Gatwick Airport South, West Sussex, RH6 0YR, telephone 01293 573329, e-mail ats.licensing@srg.caa.co.uk.

A FISO is expected to be able to:

- operate communications equipment which is similar in audio quality to a mobile telephone. In addition, the controls and indications on the equipment may use colour to signify important information.
- record (normally using pen and paper) information about flights and related matters received via the communications equipment and other sources. In addition, information may be presented in printed form in documents (at normal text sizes) and on electronic display screens (at typical text sizes no smaller than that found on computer monitor screens)
- respond to aircraft emergencies and domestic contingencies promptly and unambiguously. This will require the ability to prioritise actions and to speak without impairment.
- observe clearly an aerodrome surface and activities that are taking place. The standard of vision required is similar to that necessary to view a stadium-hosted sporting event. (**Note:** This requirement is not applicable to licence holders that do not provide a service at an aerodrome; if further guidance is required please contact the CAA Air Traffic Standards Department at the address shown above).
- think clearly and coherently during normal conversation and decision making processes.

Guidance on the medical standards required for the issue of a medical declaration

Before providing a service, a FISO must hold a valid medical declaration that they are fit to provide that service. The declaration must be made by a general medical practitioner. The standards expected of a commercial vehicle (Group 2) driver are broadly suitable against which to assess the fitness of a FISO. However, due to the specialised responsibilities of a FISO, the following additional or more stringent standards than those set by the DVLA, are required to be met.

Vision 6/12 or better with correction

Colour perception normal on Ishihara or, if not satisfactory, an acceptable result on lantern testing

Hearing a forced whisper should be heard in each ear at a distance of 2m.

The declaration should be signed only if the FISO is assessed as meeting the medical standards.

Details of the appropriate medical standards are available from the Driver Vehicle Licensing Authority (DVLA) web site (www.dvla.gov.uk/at_a_glance/content.htm).

Period of validity of a medical declaration

Normal periods of validity of medical declarations are shown in the table below.

Licence holder's age	Period of validity of the medical declaration
18 or over but under 50	60 months from the last day of the month in which the medical examination takes place; however, in the case of medical examinations conducted after the licence holder's 47th birthday, the medical declaration will expire on his/her 52nd birthday.
50 or over but under 65	24 months from the last day of the month in which the medical examination takes place; however, in the case of medical examinations conducted after the licence holder's 64th birthday, the medical declaration will expire on his/her 66th birthday.
65 or over but under 70	12 months from the last day of the month in which the medical examination takes place; however, in the case of medical examinations conducted within 6 months of the licence holder's 70th birthday, the medical declaration will expire 6 months after his/her 70th birthday.
70 or over	6 months from the last day of the month in which the medical examination takes place.

If the general medical practitioner determines that there are clinical indications that suggest that the licence holder may not continue to meet the specified criteria for the issue of a medical declaration until the end of the normal period of validity, a shorter period of validity may be specified on the declaration.

A medical practitioner who requires further guidance on the standards to be applied when making an assessment of a FISO's fitness should contact a Civil Aviation Authority (CAA) Approved Medical Examiner (AME). Details of CAA AMEs are available from the CAA web site

(www.caa.co.uk/application.aspx?categoryid=49&pagetype=65&applicationid=21). If further advice is required, contact the CAA Medical Department, Civil Aviation Authority, Safety Regulation Group, Aviation House, Gatwick Airport South, West Sussex, RH6 0YR, telephone 01293 573700.

Specific advice regarding pregnancy

The holder of a FISO licence shall not possess any functional or structural obstetric or gynaecological condition which is likely to interfere with the safe exercise of the privileges of her licence. If obstetric evaluation indicates a normal pregnancy, the licence holder may be issued with a Medical Declaration until not later than the end of the 34th week of gestation.

A Medical Declaration may again be issued upon satisfactory confirmation of full recovery following confinement or termination of pregnancy.

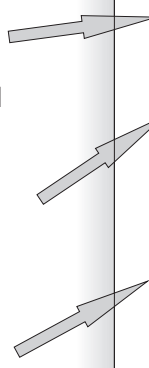
Completion of the medical declaration

The medical declaration is a simple form intended to be kept by licence holders with their licence. An example is shown here.

If the licence holder meets the specified criteria for the issue of a medical declaration, the medical practitioner should insert the licence holder's name and their own name, IN BLOCK LETTERS, in the appropriate spaces.

If the vision requirements can only be met by the licence holder with the aid of corrective glasses or contact lenses, the box indicating this should be ticked.

If it is considered that there are clinical indications to suggest that the licence holder may not continue to meet the specified criteria for the issue of a medical declaration until the end of the normal period of validity, a shorter period of validity may be specified on the declaration. In such cases, the box indicating that a shorter period validity applies should be ticked and the period of validity, specified in months, should be entered in the appropriate space. Finally the date that the declaration expires (whether based on the routine validity period or a limited period determined by the medical practitioner) should be entered and the declaration signed by the medical practitioner conducting the assessment.



Medical Declaration
associated with a Flight Information Service Officer's Licence

I,(insert doctor's name),
have today examined (insert FISO name) and consider him/her to meet the specified medical standards.

Vision standard met only with correction

Note: If this box is ticked, the privileges of the FISO licence may only be exercised if the FISO has corrective lenses available when providing a service and uses them when appropriate.

Limited period of validity - Declaration valid for.....months

Declaration expires on(date)

Doctor's signature Date

Doctor's address (or Practice Stamp)

.....

.....

.....

.....

Telephone number

Fax number

e-mail address

The FISO licence holder is to sign below to indicate that he/she understands the limitations associated with the medical declaration

.....

This Medical Declaration is to be kept with the holder's FISO licence

Records

The medical practitioner conducting the examination is recommended to retain the assessment form and examination report for a minimum period of two years after the date of expiry of the medical declaration. In normal circumstances records of examinations for FISO medical declarations are not required to be forwarded to the CAA; however, in some instances the CAA may request a copy of the medical practitioner's records.

Guidance to FISO licence holders

General

In order to exercise the privileges of the FISO licence, a FISO is required to hold a valid medical declaration of fitness. The declaration must be signed by a qualified medical practitioner.

When seeking an assessment for the issue of a medical declaration, **the licence holder shall provide the medical practitioner with a copy of this pack.**

The standard of fitness expected in order for a medical declaration to be issued is broadly equivalent to that expected of a commercial vehicle driver and is based on the medical standards expected of a Group 2 driving licence holder.

If for any reason a FISO knows or believes that he/she is not fit to exercise the privileges of his/her licence, or does not meet the standards for the issue of a medical declaration, then the FISO shall not provide a service irrespective of the validity of the medical declaration.

Period of validity

It is the responsibility of the licence holder to ensure that the medical declaration is current. Unless a shorter period of validity is specified on the medical declaration, the declaration is valid for the period shown in the table below.

Licence holder's age	Period of validity of the medical declaration
18 or over but under 50	60 months from the last day of the month in which the medical examination takes place; however, in the case of medical examinations conducted after the licence holder's 47th birthday, the medical declaration will expire on his/her 52nd birthday.
50 or over but under 65	24 months from the last day of the month in which the medical examination takes place; however, in the case of medical examinations conducted after the licence holder's 64th birthday, the medical declaration will expire on his/her 66th birthday.
65 or over but under 70	12 months from the last day of the month in which the medical examination takes place; however, in the case of medical examinations conducted within 6 months of the licence holder's 70th birthday, the medical declaration will expire 6 months after his/her 70th birthday.
70 or over	6 months from the last day of the month in which the medical examination takes place.

Note: A Class 1 or Class 2 CAA or JAA medical certificate issued in association with another CAA or JAA licence, or a Class 3 Medical Certificate issued in association with an Air Traffic Controller's Licence is deemed to act as a medical declaration for a FISO licence provided it is valid for the period of validity of the medical declaration that would otherwise be required. An unrestricted medical declaration issued in association with a UK National Private Pilot's Licence (i.e. a declaration that permits the holder to carry passengers) is deemed to act as a medical declaration for a FISO licence provided that additional evidence that the holder also satisfies the specific requirements relating to vision, colour perception and hearing described in this Medical Declaration Pack is available. A FISO licence holder who holds such a medical certificate or declaration must keep a copy (a photocopy is acceptable) of that certificate or declaration with their FISO licence in place of the medical declaration. If there is any doubt as to the validity of the evidence of medical fitness, advice should be sought from the Air Traffic Standards Department. If requested, the original medical certificate must be made available to the CAA within 30 days. A medical declaration issued for use in relation to a FISO licence is not valid for use in relation to any other CAA or JAA licence.

Pregnancy

A FISO licence holder who has reason to believe that she is pregnant is required to seek the advice of a qualified medical practitioner as to her fitness for the issue of a medical declaration and to exercise the privileges of her licence during and immediately following her pregnancy.

If, at any time during her pregnancy, a licence holder is advised by a qualified medical practitioner that she does not (or will not) meet the criteria for the issue of a medical declaration, the licence holder is not permitted to exercise the privileges of her licence until such time as the qualified medical practitioner assesses her and finds that she meets the criteria for the issue of a medical declaration.

Charges

The charges made for the assessment of fitness and for signing the declaration are at the discretion of the medical practitioner and are the responsibility of the FISO licence holder.

FISO Medical Assessment record

MEDICAL IN CONFIDENCE

To be completed by the FISO prior to the medical examination

Surname		Previous surname(s)		Title	
Forename(s)		Date of birth	Age	Sex Male <input type="checkbox"/> Female <input type="checkbox"/>	
Place and country of birth		Nationality		Occupation (Please state others if not full-time FISO)	
Address					
General Practitioner name and address					
Alcohol consumption - state average weekly intake in units			Do you smoke tobacco? If applicable, state the type of tobacco smoked, the amount and number of years you have smoked. If you have smoked in the past, give details and the date that you stopped. Yes <input type="checkbox"/> No <input type="checkbox"/>		
Do you currently use any medication? If yes, state drug, dose, date started and why Yes <input type="checkbox"/> No <input type="checkbox"/>					

General and medical history											
Do you have, or have you ever had, any of the following? Tick YES or NO for each question. Elaborate YES answers in the remarks section.											
	Yes	No		Yes	No		Yes	No	Females only	Yes	No
Eye trouble/eye operation			Nose, throat or speech disorder			Malaria or other tropical disease			Gynecological, menstrual problems		
Spectacles and/or contact lenses ever worn			Head injury or concussion			Positive HIV test			Are you pregnant?		
Spectacle/contact lens prescription/change since last medical examination			Frequent or severe headaches			Sexually transmitted disease					
Hay fever or other allergy			Dizziness or fainting spells			Admission to hospital					
Asthma or lung disease			Unconsciousness for any reason			Any other illness or injury					
Heart or vascular trouble			Neurological disorders, stroke, epilepsy, seizure, paralysis etc.			Visit to medical practitioner since last medical examination					
High or low blood pressure			Psychological/psychiatric trouble of any sort			Refusal of life insurance					
Kidney stone or blood in urine			Alcohol/drug/substance abuse			Refusal of flying licence			Family history of:		
									Heart disease		
Diabetes or hormone disorder			Attempted suicide			Medical rejection from or for military service			High blood pressure		
									High cholesterol level		
									Epilepsy		
Stomach, liver or intestinal trouble			Motion sickness requiring medication			Award of pension or compensation for injury or illness			Mental illness		
									Diabetes		
									Tuberculosis		
Deafness or ear disorder			Anaemia/Sickle cell trait or other blood disorder						Allergy/asthma/eczema		
									Inherited disorders		
									Glaucoma		
Remarks											

Declaration: I hereby declare that I have carefully considered the statements made above and that to the best of my belief they are complete and correct and that I have not withheld any relevant information or made misleading statements. CONSENT TO RELEASE OF MEDICAL INFORMATION: I hereby authorise the release of all information contained in this report and any or all attachments to the relevant medical practitioner recognising that these documents or any other electronically stored data are to be used for completion of a medical assessment and will become the property of the examining doctor, providing that I or my physician may have access to them according to national law. Medical confidentiality will be respected at all times.

Date Signature of applicant Signature of witness

FISO licence holder - Medical Examination report

To be completed by the medical practitioner during the medical examination

MEDICAL IN CONFIDENCE

FISO licence holder name	Date of examination
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Clinical examination

Height	Weight	Blood pressure - seated		Pulse - resting	
cm	kgs	Systolic	Diastolic	Rate	Rhythm
		mm Hg	mm Hg		
Any significant abnormalities					

Visual acuity

Distant vision at 6m

		Glasses	Contact lenses
Right eye	Corrected to		
Left eye	Corrected to		
Both eyes	Corrected to		

Glasses worn? Yes <input type="checkbox"/> No <input type="checkbox"/> Type:	Contact lenses worn? Yes <input type="checkbox"/> No <input type="checkbox"/> Type:
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Hearing

	Left ear	Right ear
Can a forced whisper be heard at a distance of 2m?	Yes <input type="checkbox"/>	Yes <input type="checkbox"/>
	No <input type="checkbox"/>	No <input type="checkbox"/>

Urinalysis

Glucose	Protein	Blood	Other
Normal <input type="checkbox"/> Abnormal <input type="checkbox"/>			
Comments:			

Additional reports

	Not performed	Date performed	Normal	Abnormal
ECG				
Audiogram				

Medical examiner recommendation

Applicant meets an appropriate standard	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Vision standard met only with correction	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Limited period of validity specified	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If so, expiry date	
Medical declaration form signed	Yes <input type="checkbox"/>	No <input type="checkbox"/>

Medical examiner declaration

I hereby certify that I have personally examined the applicant named on this medical examination report and that this report with an attachment embodies my findings completely and correctly.

Medical examiner's signature

Place and date

Medical examiner's name and address

.....

.....

.....

.....

.....

Telephone

Fax

e-mail

Discard this portion



Medical Declaration

associated with a Flight Information Service Officer's Licence

I, (insert doctor's name),
have today examined (insert
FISO name) and consider him/her to meet the specified medical standards.
 Vision standard met only with correction
Note: If this box is ticked, the privileges of the FISO licence may only be
exercised if the FISO has corrective lenses available when providing a
service and uses them when appropriate.
 Limited period of validity - Declaration valid for.....months

Declaration expires on(date)

Doctor's signature Date

Doctor's address (or Practice Stamp)
.....
.....
.....
.....
.....

Telephone number

Fax number

e-mail address

The FISO licence holder is to sign below to indicate that he/she
understands the limitations associated with the medical declaration
.....

This Medical Declaration is to be kept with the holder's FISO licence

Cut along line

Fold along dotted line

Cut along line